

CALLING CRISIS INTERVENTION

Sometimes I might feel scared, worried, angry, or sad.



Sometimes when I feel this way, I may feel like I want to hurt myself or someone else.



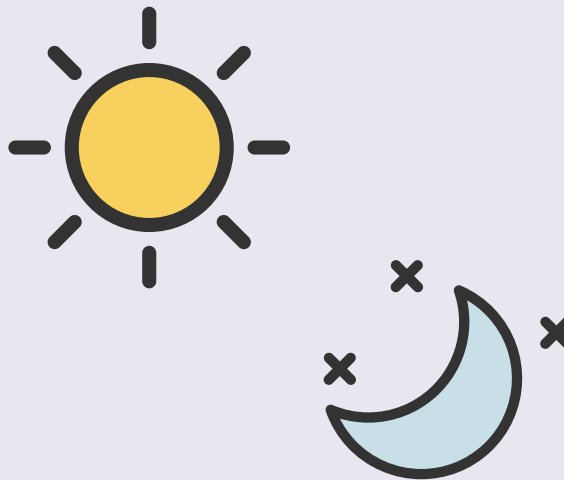
I can talk to a family member, friend or trusted adult when I feel like this.



If no one is around for me to talk to, I can call Crisis Intervention.



I can call Crisis Intervention any time of day or night.



A crisis worker will talk to me on the phone and try to help me feel better.

