

USING TRANSPORTATION SERVICES

General Mass Transit

Many adults with ASD prefer to use public transportation instead of using their own car or relying on other people to give them a ride to the places they need or want to go. For this reason, it is important to become familiar with mass transit options, and the social rules to follow when using public transportation.

DO NOT STARE at people. Instead, look out the window, read, play a game on your phone, etc.



If available, sit in **AN EMPTY ROW** in the seat closest to the window.



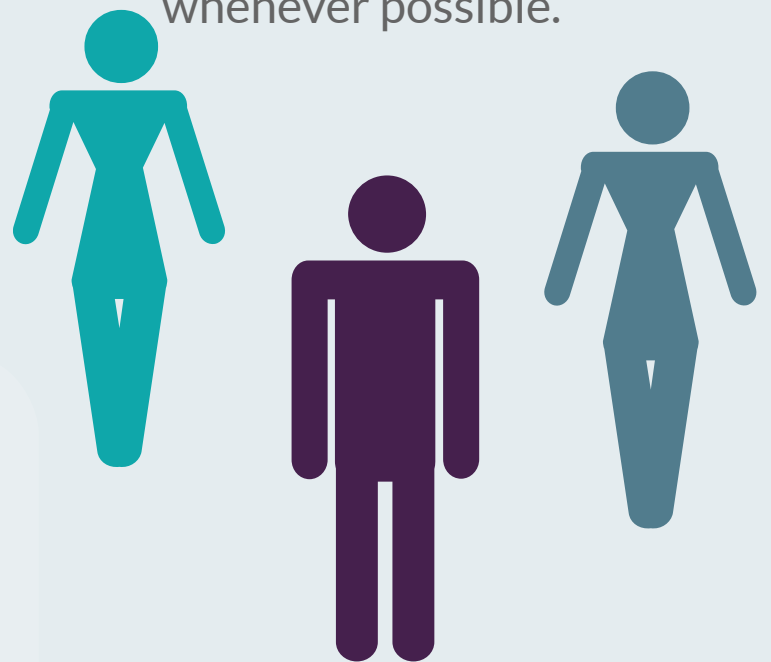
STAY TO THE RIGHT and allow people to pass on the left.



Make sure you **USE HEADPHONES** for anything with sound.



AVOID TOUCHING OTHER PEOPLE or crowding their space whenever possible.



It is expected that you **GIVE UP YOUR SEAT TO OLDER ADULTS, INDIVIDUALS WITH PHYSICAL DISABILITIES OR PREGNANT WOMAN.**

This information sheet was developed by the Autism Services, Education, Resources, and Training Collaborative (ASERT). For more information, please contact ASERT at 877-231-4244 or info@PAautism.org. ASERT is funded by the Bureau of Autism Services, PA Department of Human Services.