

If someone has hurt me, I should tell a friend or an adult I trust.



If that person does not help me, I should try telling someone else.



I can even call 911 or the police if I was hurt.



People will ask me to talk about what happened so they can help keep me safe.



Sometimes I will go to a doctor to make sure my body is still safe and healthy.



Sometimes I will talk to people about my feelings so they can help me feel better.



This campaign promotes the idea of body autonomy for individuals with disabilities. ASERT has partnered with researchers at the National Crime Victims Research and Treatment Center at the Medical University of South Carolina to develop resources for the Be Safe campaign.

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