

WHAT IS PHYSICAL ABUSE?

Physical abuse is when somebody hurts me on purpose.



Hitting, kicking and biting are some of the ways people might try to hurt me.



It is not okay for someone to touch me these ways.



If someone hurts me, I should tell an adult that I trust.



I can choose who touches me.



I am in charge of my body.



This campaign promotes the idea of body autonomy for individuals with disabilities. ASERT has partnered with researchers at the National Crime Victims Research and Treatment Center at the Medical University of South Carolina to develop resources for the Be Safe campaign.

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