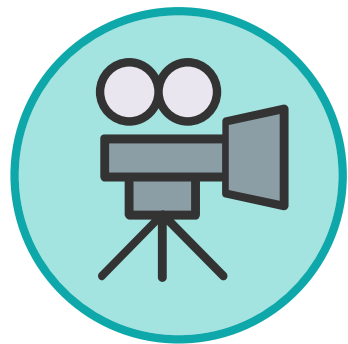


ACTIVITY AND EVENT IDEAS

Autism Support Groups (Ages 17+)

Starting a support group can be tough work. From organizing meetings, to finding a location and planning activities, there are lots of things to consider. This resource, developed with input from young adults on the spectrum, provides suggestions and ideas on activities and events for people who run support groups.



Movies

Local Fairs and Festivals



Sporting Events

Factory Tours



Mini-Golf

Amusement Parks



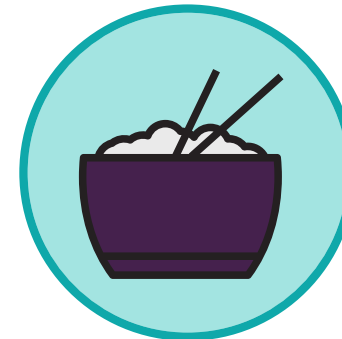
Comedy Clubs

Museums/Battlefields



Picnic at Local Park

Arcades/Fun Centers



Shopping at Mall

Dinner at Restaurant

There are many factors to consider when planning and choosing activities. Below are some considerations shared by young adults on the spectrum:

Overall cost

Transportation limitations

Sensory needs

Accommodations

Allowing support staff or family

